

## Personal or Team Continual Learning Review and Actions

The focus is to understand the learning experiences and anticipate or look-forward to taking ownership for change.

The following three questions guide how we should approach evaluating the learning experience:

1. Did I / we receive the new knowledge pursued?
2. What challenged my / our experiences?
3. What can I / we change to satisfy future learning outcomes?

The Kanban board allow individuals or teams to capture experiences on a 3x3 or 3x5 sticky note. This information can be shared and reviewed immediately as a team or individual to take actions for desired outcome(s).

1) Received New Knowledge	2) Challenged Experiences	3) Change Learning Outcomes
<i>Place Sticky Notes Here</i>	<i>Place Sticky Notes Here</i>	<i>Place Sticky Notes Here</i>

### How to use

<b>Step 1:</b> Perform this activity at the end or start of each week.	<b>Step 2:</b> Set a time-box for 15 or 30 minutes	<b>Step 3:</b> Place stick notes in the appropriate column.	<b>Step 4:</b> Select only one item to improve per week. As a team use fist-of-five or dot voting to decide.	<b>Step 5:</b> Be mindful and intentional practicing your decision daily.
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